# Region VII Youth Today

## RISK BEHAVIOR OF YOUNG PEOPLE IN CENTRAL VISAYAS

**PART 2**

Demographic Research & Development Foundation, Inc.
University of the Philippines Population Institute

### OUTLINE

**Part 2**

- Nonsexual risk behaviors
  - Smoking
  - Drinking
  - Drug use
  - Suicide
  - Violence
- Sources of information about sex and reproduction
- Summary
Proportion of current smokers among the Region VII youth is below the national average.

<table>
<thead>
<tr>
<th>Region</th>
<th>Percent of Youth Currently Smoking</th>
</tr>
</thead>
<tbody>
<tr>
<td>Philippines</td>
<td>10.7</td>
</tr>
<tr>
<td>NCR</td>
<td>28.5</td>
</tr>
<tr>
<td>III</td>
<td>22.0</td>
</tr>
<tr>
<td>IV-A</td>
<td>16.3</td>
</tr>
<tr>
<td>V</td>
<td>18.6</td>
</tr>
<tr>
<td>VI</td>
<td>18.5</td>
</tr>
<tr>
<td>VII</td>
<td>18.3</td>
</tr>
<tr>
<td>VIII</td>
<td>16.1</td>
</tr>
<tr>
<td>IX</td>
<td>17.3</td>
</tr>
<tr>
<td>X</td>
<td>17.0</td>
</tr>
<tr>
<td>XI</td>
<td>16.5</td>
</tr>
<tr>
<td>CAR</td>
<td>14.8</td>
</tr>
<tr>
<td>CARAGA</td>
<td>13.6</td>
</tr>
<tr>
<td>XI</td>
<td>13.6</td>
</tr>
<tr>
<td>XII</td>
<td>12.7</td>
</tr>
<tr>
<td>ARMM</td>
<td>12.6</td>
</tr>
</tbody>
</table>
Slight increase in the proportion of currently smoking youth in Region VII

PERCENT OF CURRENTLY SMOKING YOUTH

YAFS 1994 | YAFS 2002 | YAFS 2013
--- | --- | ---
21.6 | 20.9 | 19.7
19.7 | 17.5 | 18.5

The proportion of Region VII youth who are currently drinking is the 2nd highest in the country

PERCENT OF YOUTH CURRENTLY DRINKING

Philippines | NCR | VII | VIII | IX | IX-A | CAR | I | Camiguin | VI | VII | XI | XII | IV-B | X | XI | XII | ARMM
36.7 | 56.1 | 42.9 | 42.7 | 41.0 | 39.9 | 37.4 | 36.0 | 34.0 | 33.9 | 33.0 | 32.1 | 31.5 | 31.0 | 28.2 | 24.0 | 19.9 | 19.9 | 19.9
There is a decline in the proportion of currently drinking youth

PERCENT OF CURRENTLY DRINKING YOUTH

YAFS 1994 | YAFS 2002 | YAFS 2013
---|---|---
37.4 | 41.4 | 36.7
47.1 | 44.6 | 42.9

Region VII
Philippines

Proportion of Region VII youth who ever used drugs is the 4th highest in the country

PERCENT OF YOUTH WHO EVER USED DRUGS

Philippines: 3.9
Region VII: 9.2
Cagayan: 8.0
VIII: 7.1
NCR: 6.4
XI: 6.0
IV-A: 4.0
IV-B: 3.4
II: 2.7
VI: 2.6
V: 2.4
CAR: 1.6
I: 1.6
ARMM: 1.6
XI: 0.9

Region VII
Philippines

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#YAFS4
There is a steep decline in the proportion of youth who ever used drugs

### PERCENT OF YOUTH WHO EVER USED DRUGS

<table>
<thead>
<tr>
<th>Year</th>
<th>Region VII</th>
<th>Philippines</th>
</tr>
</thead>
<tbody>
<tr>
<td>1994</td>
<td>10.1</td>
<td>12.3</td>
</tr>
<tr>
<td>2002</td>
<td>10.6</td>
<td>12.3</td>
</tr>
<tr>
<td>2013</td>
<td>6.4</td>
<td>3.9</td>
</tr>
</tbody>
</table>

The proportion of youth who ever contemplated suicide in Region VII is 2nd highest in the country

### PERCENT OF YOUTH WHO EVER THOUGHT OF COMMITTING SUICIDE

<table>
<thead>
<tr>
<th>Region</th>
<th>1994</th>
<th>2002</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Philippines</td>
<td>8.7</td>
<td>13.8</td>
<td>12.4</td>
</tr>
<tr>
<td>Caraga</td>
<td>12.3</td>
<td>12.3</td>
<td>13.9</td>
</tr>
<tr>
<td>VIII</td>
<td>11.3</td>
<td>10.9</td>
<td>12.8</td>
</tr>
<tr>
<td>NCR</td>
<td>10.0</td>
<td>9.5</td>
<td>10.0</td>
</tr>
<tr>
<td>I</td>
<td>8.4</td>
<td>8.2</td>
<td>8.1</td>
</tr>
<tr>
<td>II</td>
<td>7.7</td>
<td>7.1</td>
<td>6.3</td>
</tr>
<tr>
<td>IV-A</td>
<td>6.3</td>
<td>6.2</td>
<td>5.2</td>
</tr>
<tr>
<td>MAR</td>
<td>5.2</td>
<td>3.1</td>
<td></td>
</tr>
</tbody>
</table>

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Steep decline in the proportion of youth who ever thought of committing suicide

PERCENT OF YOUTH WHO EVER THOUGHT OF COMMITTING SUICIDE

YAFS 2002 | YAFS 2013
---|---
18.1 | 12.4
13.4 | 8.7

Proportion of Region VII youth who attempted to commit suicide is the same as the national level

PERCENT OF YOUTH WHO EVER ATTEMPTED TO COMMIT SUICIDE

Proportion of Region VII youth who attempted to commit suicide is the same as the national level.
Slight decline in the proportion of youth who ever attempted suicide

**PERCENT OF YOUTH WHO EVER ATTEMPTED COMMITTING SUICIDE**

![Graph showing the percentage of youth who ever attempted suicide in Region VII and the Philippines]

Proportion of Region VII youth who physically hurt someone in the last 12 months is the 5th lowest in the country; proportion of victims is also relatively low

![Bar chart showing the proportion of youth who physically hurt someone in the last 12 months in different regions]

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**University of the Philippines Population Institute (UPPI)**
**Demographic Research and Development Foundation (DRDF)**
Proportion of youth who experienced harassment using technology is the same as the national level

PERCENT OF YOUTH WHO EXPERIENCED HARASSMENT WITH THE USE OF TECHNOLOGY

<table>
<thead>
<tr>
<th>Region</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Philippines</td>
<td>4.9</td>
</tr>
<tr>
<td>NCR</td>
<td>10.1</td>
</tr>
<tr>
<td>I</td>
<td>7.3</td>
</tr>
<tr>
<td>II</td>
<td>7.3</td>
</tr>
<tr>
<td>III</td>
<td>6.0</td>
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<tr>
<td>IV</td>
<td>5.6</td>
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<tr>
<td>V</td>
<td>5.0</td>
</tr>
<tr>
<td>CARAGA</td>
<td>4.9</td>
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<tr>
<td>VI</td>
<td>4.6</td>
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<tr>
<td>VII</td>
<td>4.3</td>
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<td>VIII</td>
<td>4.1</td>
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<td>IX</td>
<td>4.0</td>
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<tr>
<td>X</td>
<td>3.8</td>
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<tr>
<td>XI</td>
<td>3.1</td>
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<td>XII</td>
<td>2.8</td>
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<tr>
<td>XIII</td>
<td>2.5</td>
</tr>
<tr>
<td>XIV</td>
<td>1.9</td>
</tr>
<tr>
<td>XV</td>
<td>1.8</td>
</tr>
</tbody>
</table>

Sources of information about sex

#YAFS4
Most Region VII youth would consult their friends and mothers if faced with questions about sex, 1 in 7 will consult no one.

The pie chart illustrates the percentage of youth likely to consult different persons for questions about sex. The most consulted are friends (44.5%) and mothers (25.7%). The least consulted are other relatives (0.1%) and others (0.6%).

Nearly half of Region VII youth do not have any source of information about sex.

The bar chart shows the percentage of youth relying on different sources of information about sex. The most used sources are internet (20.2%) and books (16.8%). The least used are school charts/films (2.2%) and other sources (1.2%).
Proportion of youth without any source of information about sex is above the national level

Friends of the same sex and medical professionals are Region VII youth’s most preferred sources of information about sex and reproduction
Most Region VII youth would like to learn general information about sex

<table>
<thead>
<tr>
<th>KIND OF INFORMATION ABOUT SEX THE YOUTH WOULD LIKE TO LEARN</th>
<th>Female</th>
<th>Male</th>
</tr>
</thead>
<tbody>
<tr>
<td>General information about sex</td>
<td>87.1</td>
<td>69.1</td>
</tr>
<tr>
<td>Contraception</td>
<td>38.6</td>
<td></td>
</tr>
<tr>
<td>STI/HIV-AIDS</td>
<td>11.6</td>
<td>5.2</td>
</tr>
<tr>
<td>Sexual positions/techniques</td>
<td>13.8</td>
<td>4.0</td>
</tr>
<tr>
<td>Others</td>
<td>13.8</td>
<td>4.0</td>
</tr>
</tbody>
</table>

Proportion of youth who can find help in school regarding sex-related problems is about the same as the national level

PERCENT OF YOUTH WHO HAVE SOMEBODY IN SCHOOL WHO CAN HELP THEM IF THEY ARE CONFRONTED WITH SEX-RELATED PROBLEMS

- Philippines: 51.6
- CAR: 71.1
- NCR: 68.8
- V: 62.9
- IV-B: 60.6
- II: 60.1
- IV-A: 53.6
- VII: 51.4
- VI: 51.0
- I: 50.5
- CARAGA: 44.9
- BO: 43.4
- XII: 43.2
- XI: 41.5
- IX: 39.0
- VIII: 37.8
- III: 12.5
More than one-tenth Region VII youth identified their classmates/friends as the persons who can help them if they have any sex-related problem.

PERSON IN SCHOOL WHO CAN HELP THE YOUTH IF THEY ARE CONFRONTED WITH SEX-RELATED PROBLEMS

Classmate/Friend: 12.8
Teacher/Professor/Adviser: 9.8
Guidance counselor: 2.3
School doctor/Nurse: 0.7

Only 9 in 100 Region VII youth have discussed sex at home while growing up.

PERCENT OF YOUTH WHO HAVE DISCUSSED SEX AT HOME WHEN THEY WERE GROWING UP

Philippines: 9.7
NCR: 17.8
IV-B: 12.6
CAR: 11.4
I-V: 10.8
DARAGA: 10.2
V: 9.1
VI: 8.6
II: 7.8
III: 7.6
IV: 7.4
VIII: 6.9
XI: 6.8
XII: 5.8
I: 5.4
XI: 4.8

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More male youth discuss sex at home with their brothers; the female youth with their mothers

![FAMILY MEMBERS WITH WHOM THE YOUTH DISCUSSED SEX WHEN THEY WERE GROWING UP](image)

<table>
<thead>
<tr>
<th>FAMILY MEMBERS WITH WHOM THE YOUTH DISCUSSED SEX WHEN THEY WERE GROWING UP</th>
<th>Males</th>
<th>Females</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brother</td>
<td>4.5</td>
<td>39.6</td>
</tr>
<tr>
<td>Father</td>
<td>23.5</td>
<td>30.2</td>
</tr>
<tr>
<td>Mother</td>
<td>27.8</td>
<td>55.2</td>
</tr>
<tr>
<td>Sister</td>
<td>13.0</td>
<td>25.4</td>
</tr>
<tr>
<td>Other relatives</td>
<td>11.3</td>
<td>13.4</td>
</tr>
<tr>
<td>Other non-relatives</td>
<td>1.9</td>
<td>0.0</td>
</tr>
</tbody>
</table>

SUMMARY

Non-sexual risk behaviors of Region VII youth

- Increase in the % who are currently smoking, decline in the % who are into drinking and drugs
- Of the estimated 1,425,883 Region VII youth in 2013:
  - Around 264,000 are currently smoking
  - Around 612,000 are currently drinking
  - Around 91,000 have ever used drugs
- Proportion who ever thought of committing suicide (12.4%) is the 2nd highest in the country
- Proportion who ever attempted suicide (3.2%) is the same as the national level
- Proportions who have been aggressors and victims of violence are among the lowest in the country
SUMMARY

Sources of information about sex of Region VII youth

- Among those who have some sources of information about sex, most rely on books, internet, and TV
- Friends (particularly of the same sex), medical professionals, and mothers are the persons they will turn to if they have questions about sex or confronted with any sex-related problem
- The considerable proportion (48%) who rely on themselves for information about sex is a cause for concern
- Very little discussion of sex at home
  - More male youth discuss sex at home with their father and brother/s; the female youth with their mother and sister/s

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#ThankYou!

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