RISK BEHAVIOR OF YOUNG PEOPLE IN CENTRAL VISAYAS

PART 1

Demographic Research & Development Foundation, Inc.
University of the Philippines Population Institute

OUTLINE

Part 1
- Demography of the Filipino youth
- The 2013 YAFS Study
- Basic profile of the youth
- Media exposure

Part 2
- Nonsexual risk behaviors
- Sources of information about sex and reproduction
- Summary

Part 3
- Sex and media
- Sexual activities
- Teenage fertility
- Knowledge of HIV
- Summary and conclusions
Number and percent of youth population: Philippines and Region VII

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<th>Year</th>
<th>Philippines</th>
<th>Region VII</th>
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<td>914,246</td>
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<td>1,105,812</td>
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<td>12,408,976</td>
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</tbody>
</table>

- 5,000,000
- 10,000,000
- 15,000,000
- 20,000,000

Source: Demographic Research & Development Foundation, University of the Philippines Population Institute
7.4 percent of the country’s youth are in Region VII

PERCENTAGE DISTRIBUTION OF YOUTH BY REGION

Source: 2010 Census

Young population in Region VII and in the Philippines as a whole

#YAFS4
Background

- 4th in a series of nationally-representative surveys on Filipino youth 15-24 years old
- Jointly implemented by the
  - Demographic Research & Development Foundation (DRDF)
  - University of the Philippines Population Institute (UPPI)
- Funded by The Australian Government, UNFPA, Department of Health, Philippine Council for Health Research and Development (PCHRD)
Predecessor surveys

1982 YAFS (5,240 female respondents)

1994 YAFS (10,879 male and female respondents)

2002 YAFS (19,728 male and female respondents)

General objective of YAFS4

To provide updated information on a broad framework of adolescent sexuality and reproductive health issues, their antecedents, and manifestations that will be useful in the design of interventions to safeguard the health and welfare of Filipino youth.
Survey instruments

- **10** survey instruments
  - Household Form
  - 8 Individual Questionnaires for the youth respondents
    - 4 Main Questionnaires
      - Single Female, Married Female, Single Male, Married Male
    - 4 Muslim Questionnaires
      - Single Female, Married Female, Single Male, Married Male
  - Community Form
- All questionnaires were translated to 6 major languages

Main questionnaire contents

- **Block A.** Individual characteristics
- **Block B.** Family characteristics and relationships
- **Block C.** Self-esteem and values
- **Block D.** School, work and community
- **Block E.** Media
- **Block F.** Friends and peers
- **Block G.** Health and lifestyle
- **Block H.** Marriage
- **Block I.** Puberty, dating and sex
- **Block J.** Fertility and contraception
- **Block K.** Knowledge and attitudes towards marriage, sex and related issues
- **Block L.** Reproductive health
Survey design

- Sampling design: Multistage stratified random sampling
- Sampling domain: Region
- Sample size per region: About 1,000 respondents
- Respondents: 15-24 years old single and married males and females

National coverage of YAFS4

- 17 regions
- 79 provinces
- 681 cities and municipalities
- 1,121 barangays
- 18,547 households
- 19,178 respondents
Coverage of YAFS4 in Region VII

- All 4 provinces
- 46 cities and municipalities
- 64 barangays
- 966 households
- 1,037 youth respondents

Field implementation

- Fieldwork was conducted in January to May 2013
- Regional network of research and academic institutions were involved in the data collection
More Region VII youth are in a live-in arrangement than in a formal union

**PERCENTAGE DISTRIBUTION OF YOUTH BY MARITAL STATUS**

- Never married: 79.4%
- Currently living-in: 13.3%
- Currently married: 6.4%
- Others: 0.9%
Proportion of never married youth is 2nd highest in Region VII

PERCENT OF YOUTH WHO ARE NEVER MARRIED

PERCENTAGE DISTRIBUTION OF YOUTH BY MAIN ACTIVITY

2 in 5 youth in Region VII are students
The proportion of students in the region is higher than the national level

PERCENT OF YOUTH WHO ARE STUDYING

More than 1 in 5 youth in Region VII are working

PERCENT OF YOUTH WHO ARE WORKING
Majority of the youth in Central Visayas have at least some high school education

PERCENTAGE DISTRIBUTION OF YOUTH BY HIGHEST EDUCATIONAL ATTAINMENT

- No schooling/Elementary: 17.9%
- HS graduate: 23.7%
- HS undergrad: 37.4%
- College +: 17.8%
- Vocational: 3.2%

... But proportion of youth with college and higher education in Region VII is below the national level

PERCENT OF YOUTH WITH COLLEGE AND HIGHER EDUCATION

- Philippines: 21.9%
- NCR: 34.9%
- CAR: 30.5%
- II: 28.4%
- III: 24.0%
- IV-A: 22.8%
- IV-B: 21.9%
- V: 18.0%
- VI: 17.8%
- VII: 17.8%
- VIII: 17.8%
- IX: 17.8%
- X: 17.8%
- XI: 17.8%
- XII: 17.8%
- ARMM: 17.8%
- CARAGA: 16.0%
- CA: 15.6%
- CA: 14.4%
- CAM: 13.5%
Region VII youth are digitally wired

- Own a cellular phone: 77.6%
- Watch TV regularly: 72.2%
- Use the internet: 67.0%
- Have a social networking account: 54.6%
- Have an email account: 54.5%
- With textmates they have not met in person: 34.3%
- With online friends they have not met in person: 25.9%
- Have a personal blog: 0.8%

Two-thirds of Region VIII youth have cellular phones

PERCENT OF YOUTH WITH CELLULAR PHONE

78.3%, 87.3%, 86.8%, 85.7%, 84.8%, 82.3%, 82.3%, 79.3%, 77.6%, 75.8%, 74.9%, 74.9%, 72.5%, 70.9%, 70.0%, 66.3%, 65.4%, 52.5%
Proportion of Region VII youth who exercise at least 2 to 3 times a week is the 2nd highest in the country

Nearly 3 in 5 Region VII youth consume instant noodles at least once a week
Level of drinking carbonated drinks is 3rd lowest among Region VII youth

PERCENT OF YOUTH WHO DRINK CARBONATED DRINKS AT LEAST ONCE A WEEK

Summary

Profile of Region VII youth

- 75% never married, 6.4 percent are formally married and 13.3 percent are in a live-in arrangement
- Almost 2 in 5 youth are students; 25% each are working or doing housework
- The percentage of youth who reached high school level education is relatively high but the percentage who reached college level is lower than the national level
SUMMARY

Media exposure of Region VII youth

– Very high use of new information technology

Health and lifestyle of Region VII youth

– 56% exercise at least 2-3 times a week, the 2nd highest in the country
– Consumption of noodles or carbonated drinks per week is relatively low compared with other regions.

#YAFS4

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