RISK BEHAVIORS OF YOUNG PEOPLE IN WESTERN VISAYAS

OUTLINE

- Sex and media
- Sexual activities
- Teenage fertility
- HIV-AIDS
- Summary and conclusions
Level of reading of pornographic materials among Region VI youth is the 2nd lowest in the country

PERCENT OF YOUTH WHO HAVE READ PORNOGRAPHIC MATERIALS

Demographic Research & Development Foundation • University of the Philippines Population Institute
Decline in the prevalence of reading of pornographic materials in the past decade

PERCENT OF YOUTH WHO HAVE READ PORNOGRAPHIC MATERIALS

<table>
<thead>
<tr>
<th>Year</th>
<th>Males</th>
<th>Females</th>
<th>Both Sexes</th>
</tr>
</thead>
<tbody>
<tr>
<td>2002</td>
<td>45.1</td>
<td>32.5</td>
<td>33.0</td>
</tr>
<tr>
<td>2013</td>
<td>24.1</td>
<td>28.4</td>
<td>24.1</td>
</tr>
</tbody>
</table>

Level of watching x-rated videos among Region VI youth is 3rd lowest in the country

PERCENT OF YOUTH WHO HAVE WATCHED X-RATED MOVIES/VIDEOS

<table>
<thead>
<tr>
<th>Region</th>
<th>Philippines</th>
<th>CARAGA</th>
<th>NCR</th>
<th>VI</th>
<th>IV-A</th>
<th>I</th>
<th>X</th>
<th>VI</th>
<th>III</th>
<th>IV-B</th>
<th>V</th>
<th>XI</th>
<th>CAR</th>
<th>VI</th>
<th>VII</th>
<th>ARMM</th>
</tr>
</thead>
<tbody>
<tr>
<td>2002</td>
<td>56.5</td>
<td>66.7</td>
<td>66.3</td>
<td>62.4</td>
<td>61.5</td>
<td>60.8</td>
<td>58.4</td>
<td>66.3</td>
<td>56.0</td>
<td>55.5</td>
<td>54.0</td>
<td>53.6</td>
<td>52.7</td>
<td>52.2</td>
<td>50.3</td>
<td>46.6</td>
</tr>
<tr>
<td>2013</td>
<td>55.5</td>
<td>65.7</td>
<td>63.3</td>
<td>62.7</td>
<td>62.1</td>
<td>61.4</td>
<td>59.1</td>
<td>65.3</td>
<td>55.5</td>
<td>55.0</td>
<td>55.0</td>
<td>54.6</td>
<td>54.3</td>
<td>53.7</td>
<td>51.8</td>
<td>47.7</td>
</tr>
</tbody>
</table>
Watching x-rated movies/videos is becoming less common among males but more common among females

Level of visiting websites with sexually-explicit content among Region VI is 3rd lowest in the country
PERCENT OF YOUTH WHO HAVE SENT OR RECEIVED SEX VIDEOS THROUGH CELLPHONES OR INTERNET

Region VI youth ranks 3rd in sharing of sex videos through cellphones or internet

Region VI youth have also engaged in other media-related sexual activities

- 0.1% have recorded themselves having sex
  - Philippines: 0.8%

- 1.7% have engaged in sex with someone they met online or through text messages
  - Philippines: 3.7%

- 5.0% have engaged in phone sex
  - Philippines: 5.8%
More than 1 in 3 youth in Region VI have sexual experience

<table>
<thead>
<tr>
<th>SEX</th>
<th>AGE</th>
<th>Percent of Youth Who Have Sexual Experience</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>15-19</td>
<td>32.9</td>
</tr>
<tr>
<td>Female</td>
<td>15-19</td>
<td>39.6</td>
</tr>
<tr>
<td></td>
<td>20-24</td>
<td>19.7</td>
</tr>
<tr>
<td></td>
<td>All youth</td>
<td>61.3</td>
</tr>
<tr>
<td></td>
<td>All youth</td>
<td>36.1</td>
</tr>
</tbody>
</table>
Region VI has the 5th lowest proportion of sexually experienced youth

PERCENT OF YOUTH WHO HAVE SEXUAL EXPERIENCE

Younging of sexual onset among both males and females

MEAN AGE AT FIRST SEX

Demographic Research & Development Foundation • University of the Philippines Population Institute

Demographic Research & Development Foundation • University of the Philippines Population Institute
Increasing prevalence of early sexual activity among males in the past 2 decades

PERCENT OF YOUTH 15-24 YEARS OLD WHO ENGAGED IN SEX BEFORE AGE 15

<table>
<thead>
<tr>
<th>Year</th>
<th>Males</th>
<th>Females</th>
</tr>
</thead>
<tbody>
<tr>
<td>1994</td>
<td>0.5</td>
<td>0.3</td>
</tr>
<tr>
<td>2002</td>
<td>1.2</td>
<td>0.3</td>
</tr>
<tr>
<td>2013</td>
<td>2.4</td>
<td>0.8</td>
</tr>
</tbody>
</table>

Increasing proportions of youth who have engaged in sex before age 18 in the past 2 decades

PERCENT OF YOUTH 18-24 YEARS OLD WHO ENGAGED IN SEX BEFORE AGE 18

<table>
<thead>
<tr>
<th>Year</th>
<th>Males</th>
<th>Females</th>
</tr>
</thead>
<tbody>
<tr>
<td>1994</td>
<td>6.1</td>
<td>9.2</td>
</tr>
<tr>
<td>2002</td>
<td>9.7</td>
<td>18.8</td>
</tr>
<tr>
<td>2013</td>
<td>20.5</td>
<td>22.4</td>
</tr>
</tbody>
</table>
Almost 1 in 3 Region VI youth has engaged in premarital sex

Rising prevalence of premarital sex among the youth in the past 2 decades

PERCENT OF YOUTH WHO HAVE ENGAGED IN PREMARITAL SEX

- Philippines: 17.8%, 13.8%
- Region VI: 23.2%, 18.3%
- Overall: 31.8%, 32.2%


Demographic Research & Development Foundation • University of the Philippines Population Institute
Narrowing gap between male and female youth’s premarital sex activity

PERCENT OF YOUTH WHO HAVE ENGAGED IN PREMARITAL SEX

- Males
  - 1994: 21.4%
  - 2002: 26.1%
  - 2013: 31.9%

- Females
  - 1994: 6.9%
  - 2002: 10.6%
  - 2013: 13.8%

- Both sexes
  - 1994: 13.8%
  - 2002: 18.3%
  - 2013: 26.1%

Proportion of Region VI youth who have engaged in PMS is at par with the national level

PERCENT OF YOUTH WHO HAVE ENGAGED IN PREMARITAL SEX

- Philippines: 32.2%
- NCR: 41.1%
- IX: 39.1%
- XI: 38.6%
- VI: 38.3%
- IX: 35.4%
- CAR: 34.1%
- Cagayan: 33.7%
- X: 33.0%
- I: 31.8%
- VISAYAS I: 31.3%
- II: 31.2%
- IVA: 29.1%
- VIII: 27.4%
- V: 25.5%
- XII: 25.2%
- ARMM: 23.2%

#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute
...But it has the 5th highest proportion of youth who had unprotected 1st PMS

PERCENT OF YOUTH WHO DID NOT USE ANY FORM OF PROTECTION AGAINST PREGNANCY AND/OR STIs DURING THEIR 1ST PREMARITAL SEX

Condom is the most popular contraceptive method used during 1st premarital sex

PERCENTAGE DISTRIBUTION OF METHOD USED DURING 1ST PREMARITAL SEX
More than half of Region VI youth had their sexual initiation in their own or their partner’s home.

Level of commercial sex among Region 6 youth is low.
... and has declined in the past decade

PERCENT OF YOUTH WHO HAVE PAID FOR SEX

<table>
<thead>
<tr>
<th>Year</th>
<th>Philippines</th>
<th>Region VI</th>
</tr>
</thead>
<tbody>
<tr>
<td>2002</td>
<td>3.0%</td>
<td>3.3%</td>
</tr>
<tr>
<td>2013</td>
<td>1.4%</td>
<td>1.2%</td>
</tr>
</tbody>
</table>

PERCENT OF YOUTH WHO HAVE RECEIVED PAYMENT FOR SEX

<table>
<thead>
<tr>
<th>Year</th>
<th>Philippines</th>
<th>Region VI</th>
</tr>
</thead>
<tbody>
<tr>
<td>2002</td>
<td>1.9%</td>
<td>2.0%</td>
</tr>
<tr>
<td>2013</td>
<td>1.5%</td>
<td>0.9%</td>
</tr>
</tbody>
</table>

Region VI youth have also engaged in other risky sexual activities

- 3.8% have engaged in casual sex (Philippines: 5%)
- 3.1% have FUBU experience (Philippines: 4%)
- 3.9% of male youth have MSM experience (Philippines: 5%)
- 1.1% of ever-married youth (including those living-in) have extramarital sex experience (Philippines: 3%)
- Most of these risky sexual activities are unprotected against the risk of pregnancy and/or STIs
Teenage fertility in Region VI nearly quadrupled in the past decade

Teenage fertility data:
- % of females 15-19 who are mothers: 1.9 in 2002, 10.9 in 2013
- % of females 15-19 who are pregnant with 1st child: 2.2 in 2002, 4.2 in 2013
- % of females 15-19 who have begun childbearing: 4.1 in 2002, 15.1 in 2013
Teenage fertility increases with age

PERCENT OF FEMALE TEENAGERS WHO HAVE BEGUN CHILDBEARING

Teenage fertility in Region VI is above the national level

PERCENT OF FEMALES 15-19 WHO HAVE BEGUN CHILDBEARING

University of the Philippines Population Institute (UPPI)
Demographic Research and Development Foundation (DRDF)
8 in 10 Region VI youth are aware of AIDS

PERCENT OF YOUTH WHO HAVE HEARD OF AIDS

- 81.3%
- 94.8%
- 90.8%
- 89.6%
- 90.8%
- 86.7%
- 86.2%
- 85.9%
- 81.8%
- 80.1%
- 79.4%
- 79.1%
- 78.6%
- 76.5%
- 73.0%
- 43.8%

#YAFS4
Awareness of AIDS among Region VI youth has declined sharply in the past decade

PERCENT OF YOUTH WHO HAVE HEARD OF AIDS

<table>
<thead>
<tr>
<th></th>
<th>1994</th>
<th>2002</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>MALES</td>
<td>98.3</td>
<td>93.9</td>
<td>70.7</td>
</tr>
<tr>
<td>FEMALES</td>
<td>98.1</td>
<td>92.5</td>
<td>88.6</td>
</tr>
<tr>
<td>BOTH SEXES</td>
<td>98.2</td>
<td>93.2</td>
<td>79.4</td>
</tr>
</tbody>
</table>

Misconceptions about HIV transmission are common among Region VI youth

PERCENT OF YOUTH WHO AGREE TO THE FOLLOWING STATEMENTS:

<table>
<thead>
<tr>
<th>Statement</th>
<th>1994</th>
<th>2002</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>The risk of HIV transmission can be reduced by having sex with only one uninfected partner who has no other sexual partners</td>
<td>58.9</td>
<td>52.3</td>
<td>61.3</td>
</tr>
<tr>
<td>The risk of HIV transmission can be reduced by using a condom every time they have sex</td>
<td>52.3</td>
<td>61.3</td>
<td>60.4</td>
</tr>
<tr>
<td>A healthy-looking person can have HIV</td>
<td>60.4</td>
<td>60.4</td>
<td>43.9</td>
</tr>
<tr>
<td>A person cannot get HIV from mosquito bites</td>
<td>43.9</td>
<td>43.9</td>
<td>43.9</td>
</tr>
<tr>
<td>A person cannot get HIV by sharing food with someone who is infected</td>
<td>43.9</td>
<td>43.9</td>
<td>43.9</td>
</tr>
</tbody>
</table>
Low level of knowledge about HIV among Region VI youth

PERCENT OF YOUTH WHO HAVE COMPREHENSIVE CORRECT KNOWLEDGE OF HIV-AIDS

More than 1 in 3 youth in Region VI erroneously believe that AIDS is curable

PERCENT OF YOUTH WHO THINK AIDS IS CURABLE
Only 1 in 4 Region VI youth discusses HIV-AIDS with other people

PERCENT OF YOUTH WHO DISCUSS HIV-AIDS WITH OTHER PEOPLE

7 in 10 Region VI youth feel invincible to AIDS

PERCENT OF YOUTH WHO THINK THAT THERE IS NO CHANCE OF HIM/HER GETTING AIDS
SUMMARY & CONCLUSIONS

- There is a heightened, bolder, and wider range of sexual behaviors among Filipino youth including those that use new forms of information and communication technology (ICT).
  - However, risky sexual activities are not as pervasive among Region VI youth compared to their counterparts in other regions.
  - Although Region VI youth are among the top sharers of sex videos, relatively few youth in the region access traditional media and the internet for sexually explicit content.

SUMMARY & CONCLUSIONS

- The sexual behavior of Region VI youth can be characterized as follows:
  - Younging age at sexual initiation particularly for males and increasing proportions who have engaged in early sex over the years
  - Increasing prevalence of premarital sex (PMS)
  - Narrowing of the gap in the prevalence of premarital sexual activity between young men and women
    - In 2013, the PMS level of females overtook that of their male counterparts
  - Most young people are not cautious about their sexual practices and are ambivalent to safe sex
SUMMARY & CONCLUSIONS

- The low prevalence of the use of protection amidst the increasing prevalence of early sexual activities put young people at higher risk of contracting STIs and unplanned pregnancy, and are likely a major contributor to the sharp rise in teenage fertility in the region.
- The increased prevalence of sexual activity in various forms may indicate new normative standards regarding sex.
  - Norms around marriage may also be changing as indicated by a higher proportion of the living-in than the formally married not only in Region VI but in the rest of the country as well.

SUMMARY & CONCLUSIONS

- Awareness of AIDS among Region VI youth is low and declining.
- There is poor knowledge of HIV-AIDS as misconceptions about HIV transmission still abound among the youth.
- Majority of the youth think they have immunity from HIV.
SUMMARY & CONCLUSIONS

- Of the estimated 1.5M youth in Region VI in 2013,
  - Around 470,000 youth have engaged in premarital sex
    - Of these, nearly 412,000 did not use any form of protection during their 1st premarital sex
  - Around 15,000 have engaged in commercial sex activities
  - Around 57,000 youth have casual sex experience
  - Around 46,000 youth have FUBU experience.
- Of the 775,000 male youth, about 30,000 have MSM experience.
- Of the 392,000 females age 15-19, more than 59,000 have begun childbearing.

Young Adult Fertility & Sexuality Study

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- www.facebook.com/yafs4