RISK BEHAVIORS OF YOUNG PEOPLE IN CALABARZON

OUTLINE

- Sex and media
- Sexual activities
- Teenage fertility
- HIV-AIDS
- Summary and conclusions
Region IV-A youth ranks 2\textsuperscript{nd} in reading of pornographic materials
More than 4 in 10 youth have read pornographic materials

More males than females read pornographic materials
Region IV-A youth ranks 4th in watching x-rated videos

PERCENT OF YOUTH WHO HAVE WATCHED X-RATED MOVIES/VIDEOS

More than 6 in 10 youth have watched x-rated movies/videos

PERCENT OF YOUTH WHO HAVE WATCHED X-RATED MOVIES/VIDEOS

University of the Philippines Population Institute (UPPI)
Demographic Research and Development Foundation (DRDF)
More males than females watch x-rated videos

PERCENT OF YOUTH WHO HAVE WATCHED X-RATED MOVIES/VIDEOS

2002 2013
Male Female
IVA IVA IVB IVB

Region IV-A youth ranks 2nd in viewing of sexually-explicit websites

PERCENT OF YOUTH WHO VISITED WEBSITES WITH SEXUALLY-EXPLICIT CONTENT

Philippines NCR IV-A IV-B V VI III I CARAGA III XIL XI XII III IV-B V CAR VI II WESMM

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University of the Philippines Population Institute (UPPI)
Demographic Research and Development Foundation (DRDF)
Region IV-A youth ranks 2nd in sharing of sex videos through cellphones or internet

PERCENT OF YOUTH WHO HAVE SENT OR RECEIVED SEX VIDEOS THROUGH CELLPHONES OR INTERNET

Region IV-A youth have also engaged in other media-related sexual activities

- 0.9% have recorded themselves having sex
  - Philippines: 0.8%

- 5.2% have engaged in sex with someone they met online or through text messages
  - Philippines: 3.7%

- 6.2% have engaged in phone sex
  - Philippines: 5.8%
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11 August 2014

University of the Philippines Population Institute (UPPI)
Demographic Research and Development Foundation (DRDF)

#SexyTime
SEXUAL ACTIVITIES

More than 1 in 3 youth in Region IV-A have sexual experience

<table>
<thead>
<tr>
<th>SEX</th>
<th>AGE</th>
<th>PERCENT OF YOUTH WHO HAVE SEXUAL EXPERIENCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>15-19</td>
<td>36.8</td>
</tr>
<tr>
<td>Female</td>
<td>15-19</td>
<td>34.5</td>
</tr>
<tr>
<td>Female</td>
<td>20-24</td>
<td>14.8</td>
</tr>
<tr>
<td>Male</td>
<td>20-24</td>
<td>68.5</td>
</tr>
<tr>
<td>All youth</td>
<td></td>
<td>35.6</td>
</tr>
</tbody>
</table>

Demographic Research & Development Foundation • University of the Philippines Population Institute
Region IV-A has the 4th lowest proportion of sexually experienced youth

PERCENT OF YOUTH WHO HAVE SEXUAL EXPERIENCE

Sexual debut is happening at younger ages

MEAN AGE AT FIRST SEX
Younger age at sexual debut among males than females

**Mean Age at First Sex**

<table>
<thead>
<tr>
<th>Year</th>
<th>Region IV-A</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>1994</td>
<td>IVA</td>
<td>18.4</td>
<td>18.6</td>
</tr>
<tr>
<td>2002</td>
<td>IVA</td>
<td>17.8</td>
<td>17.8</td>
</tr>
<tr>
<td>2013</td>
<td>IVA</td>
<td>17.8</td>
<td>17.8</td>
</tr>
<tr>
<td>1994</td>
<td>IVB</td>
<td>18.3</td>
<td>18.3</td>
</tr>
<tr>
<td>2002</td>
<td>IVB</td>
<td>18.4</td>
<td>18.4</td>
</tr>
<tr>
<td>2013</td>
<td>IVB</td>
<td>18.1</td>
<td>18.3</td>
</tr>
</tbody>
</table>

1 in 4 Region IV-A youth engaged in sex at an early age

**Percent of Youth Who Had Sex Before Age 15**

<table>
<thead>
<tr>
<th>Sex</th>
<th>Male</th>
<th>Female</th>
<th>Both Sexes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1994</td>
<td>2.7</td>
<td>1.1</td>
<td>1.9</td>
</tr>
</tbody>
</table>

**Percent of Youth Age 18-24 Who Had Sex Before Age 18**

<table>
<thead>
<tr>
<th>Sex</th>
<th>Male</th>
<th>Female</th>
<th>Both Sexes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1994</td>
<td>26.6</td>
<td>22.4</td>
<td>24.5</td>
</tr>
</tbody>
</table>
More than a quarter of Region IV-A youth have engaged in premarital sex

Increasing prevalence of premarital sex over time

PERCENT OF YOUTH WHO HAVE ENGAGED IN PREMARITAL SEX

<table>
<thead>
<tr>
<th>Year</th>
<th>Region IV</th>
<th>Philippines</th>
</tr>
</thead>
<tbody>
<tr>
<td>1994</td>
<td>16.6</td>
<td>17.8</td>
</tr>
<tr>
<td>2002</td>
<td>22.4</td>
<td>23.2</td>
</tr>
<tr>
<td>2013</td>
<td>31.5</td>
<td>32.0</td>
</tr>
</tbody>
</table>

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Narrowing gap in levels of premarital sex between males and females

**PERCENT OF YOUTH WHO HAVE ENGAGED IN PREMARITAL SEX**

- Female: 1994: 28.3, 2002: 34.6, 2013: 35.0

Proportion of Region IV-A youth who have engaged in premarital sex is below the national level

**PERCENT OF YOUTH WHO HAVE ENGAGED IN PREMARITAL SEX**

Proportion of Region IV-A youth who had unprotected first PMS is 3rd lowest in the country

PERCENT OF YOUTH WHO DID NOT USE ANY FORM OF PROTECTION AGAINST PREGNANCY AND/OR STIs DURING THEIR 1st PREMARITAL SEX

Per cent of youth who did not use any form of protection against pregnancy and/or STIs during their 1st premarital sex.

Condom is the most popular contraceptive method being used during the 1st premarital sex

Percentage distribution of method used during 1st premarital sex

Condom is the most popular contraceptive method being used during the 1st premarital sex.
Commercial sex activities among Region IV-A youth is below the national level

Region IV-A youth have also engaged in other risky sexual activities

- 6.7% have engaged in casual sex (Philippines: 7%)
- 4.1% have FUBU experience (Philippines: 4%)
- 6.3% of males have had sex with a fellow male (MSM) (Philippines: 5%)
- 2.9% of ever-married youth (including those living-in) have extramarital sex experience (Philippines: 3%)
- Most of these risky sexual activities are unprotected against the risk of pregnancy and/or STIs
Teenage fertility increased in the past decade

<table>
<thead>
<tr>
<th>Year</th>
<th>% of Females 15-19 Who Are Mothers</th>
<th>% of Females 15-19 Who Are Pregnant with 1st Child</th>
<th>% of Females 15-19 Who Have Begun Childbearing</th>
</tr>
</thead>
<tbody>
<tr>
<td>2002</td>
<td>2.8 IVA 1.9 IVB</td>
<td>2.2 IVA 1.9 IVB</td>
<td>5.0 IVA 4.2 IVB</td>
</tr>
<tr>
<td>2013</td>
<td>7.1 IVA 6.0 IVB</td>
<td>10.3 IVA 8.1 IVB</td>
<td>12.3 IVA 10.4 IVB</td>
</tr>
</tbody>
</table>
Teenage fertility generally increases with age

Proportion of teenage females who have begun childbearing is lowest in Region IV-A
Region IV-A youth ranks 5th in AIDS awareness

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#AIDSDoesMatter
KNOWLEDGE OF HIV/AIDS

PERCENT OF YOUTH WHO HAVE HEARD OF AIDS

Philippines: 83.3
NCR: 94.8
Region I: 90.8
Region II: 89.6
Region III: 87.5
Region IV-A: 96.7
Region IV-B: 86.2
Region V: 85.9
Region VI: 63.3
Region VII: 81.3
Region VIII: 80.6
Region IX: 80.1
Region X: 79.4
Region XI: 79.1
Region XII: 76.6
ARMM: 76.5

#YAFS4
Declining level of AIDS awareness among the youth

PERCENT OF YOUTH WHO HAVE HEARD OF AIDS

<table>
<thead>
<tr>
<th>Year</th>
<th>Region IV</th>
<th>Philippines</th>
</tr>
</thead>
<tbody>
<tr>
<td>1994</td>
<td>97.3 %</td>
<td>95.0 %</td>
</tr>
<tr>
<td>2002</td>
<td>93.7 %</td>
<td>95.2 %</td>
</tr>
<tr>
<td>2013</td>
<td>86.7 %</td>
<td>83.3 %</td>
</tr>
</tbody>
</table>

Misconceptions about HIV transmission are common among Region IV-A youth

PERCENT OF YOUTH WHO AGREE TO THE FOLLOWING STATEMENTS:

- The risk of HIV transmission can be reduced by having sex with only one uninfected partner who has no other sexual partners: 69.2%
- The risk of HIV transmission can be reduced by using a condom every time they have sex: 59.3%
- A healthy-looking person can have HIV: 68.7%
- A person cannot get HIV from mosquito bites: 64.2%
- A person cannot get HIV by sharing food with someone who is infected: 39.6%

#YAFS4
Knowledge about HIV among Region IV-A youth is low but above the national level

PERCENT OF YOUTH WITH COMPREHENSIVE CORRECT KNOWLEDGE OF HIV-AIDS

More than 4 in 10 Region IV-A youth believe that AIDS is curable

PERCENT OF YOUTH WHO THINK AIDS IS CURABLE
Only 1 in 4 Region IV-A youth discusses HIV-AIDS with other people

PERCENT OF YOUTH WHO DISCUSS HIV-AIDS WITH OTHER PEOPLE

3 in 4 Region IV-A youth feel invincible to AIDS

PERCENT OF YOUTH WHO THINK THAT THERE IS NO CHANCE OF HIM/HER GETTING AIDS
There is a heightened, bolder, and wider range of sexual behaviors among the youth including those that use new forms of information and communication technology (ICT)
- Region IV-A youth are among the top users of modern ICT to access sexually-explicit materials
- However, risky sexual activities are not as pervasive among Region IV-A youth compared to their counterparts in other regions

Most of the sexual activities are unprotected against the risk of unplanned pregnancy and STIs
- 7 in 10 Region IV-A youth did not use any form of protection during their premarital sexual initiation
- Region IV-A posted the lowest teenage fertility level among all regions in the country
- Of the estimated 665,000 females age 15-19 in the region, around 54,000 have already begun childbearing
Although Region IV-A is among the regions with high awareness of AIDS, the level is low and declining in the past 2 decades.

There is poor knowledge of HIV-AIDS as misconceptions about HIV transmission still abound among the youth.

Majority of the youth think they have immunity from HIV.

Of the estimated 2.6M youth in Region IV-A in 2013,

- Around 730,000 youth have engaged in premarital sex
  - Of these, around 504,000 did not use any form of protection during their 1st premarital sex
- Around 31,000 youth have commercial sex experience
- Nearly 172,000 youth have casual sex experience
- Around 105,000 youth have FUBU experience
- Of the nearly 1.3M male youth, more than 80,000 have MSM experience
SUMMARY & CONCLUSIONS

Future interventions for the youth in Region IV-A will do well to be guided by the YAFS4 results, both in the sexual and non-sexual risk behaviors as the findings of the study reflect who today’s generation of Region IV-A youth are, based on empirical results from a survey with a rigorous methodology.
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Young Adult Fertility & Sexuality Study

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