Non-Sexual Risk Behaviors

- Smoking
- Drinking
- Drug use
- Suicidal ideation
- Suicide attempt

- Recent experience of physical violence (past 12 months)
  - As aggressor
  - As victim

- Awareness and experience of harassment using technology
  - As aggressor
  - As victim

#BISYOatbp
Non-Sexual Risk Behaviors

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Decreasing proportion of youth who are currently smoking

![Graph showing the decrease in smoking proportion from YAFS 1994 to YAFS 2013.]

Decline in level of current smokers among older than younger age cohort and among males than females

![Graphs showing the decline in smoking level by age and sex.]
ARMM had the lowest recorded proportion of the youth smokers at 12.5 percent.

NCR had the highest proportion of youth smokers at 26.6 percent.

Decrease in the proportion of youth who are currently drinking during the past decade.
Decline in level of current drinkers during past decade irrespective of age and sex

By Age

- 1994: 49.2
- 2002: 51.1
- 2013: 46.5

By Sex

- Male: 60.5
- Female: 53.2

Higher proportion of males and older age cohort had ever passed out in a drinking session

By Age

- 15-19: 8.1
- 20-24: 16.6

By Sex

- Male: 18.4
- Female: 5.0
Decrease in the proportion of youth who ever used drugs during the past decade

Greater decline in the ever-user of drugs among older than younger age cohorts and among males than females
The youth in CARAGA, Regions VII, XI, X and NCR have more than 10 percent of their youth who have ever thought of committing suicide.

The regions with low suicide ideation are Regions II, III, XII and ARMM.
Low level of suicide attempt among the youth (All Youth)

Increase in the proportion of suicide attempt among those who ever thought of committing suicide during the past decade
Experience of physical violence

• **As aggressor**
  - One of every four youth has experienced hurting someone during the past 12 months

• **As victim**
  - One of every six youth has experienced being hurt by someone during the past 12 months

![Bar chart showing the proportion of youth who experienced physical violence by age and sex](chart.png)

The proportion of the youth who experienced physical violence in the past 12 months was higher for the younger age cohort and males.
NCR had the largest proportion of the youth who experienced physical violence in the past 12months

Proportion of youth who ever experienced being threatened by someone

From 20.8% in 2002, the proportion of youth who had been physically threatened increased to 23.7% in 2013.

NCR, CARAGA and CAR have the highest proportion of youth who had been physically threatened.
Awareness and Experience of Harassment Using Technology

- About 1 of every 10 youth personally know someone who has been harassed using technology
- About one of every 20 youth has experienced being harassed using technology

The proportion of the youth who experienced physical violence in the past 12 months was higher for the younger age cohort and males.
Summary

- There was a significant decline during the past decade on the proportion of the youth who
  - ever tried smoking
  - currently smoking
  - currently drinking
  - ever used drugs

- The idea of committing suicide among the youth declined during the past decade

- But suicide attempts among those who ever thought of committing suicide significantly increased

The increase in suicide attempts was higher for females than males.

The proportion of the youth who has ever experienced being threatened by someone increased during the past decade.
Thank You

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#PinoyYouthToday:
Results from the 2013 Young Adult Fertility and Sexuality Study
Feb 6, 2014, GTI Toyota Asian Center Auditorium, UP Diliman
UPPI - DRDF