


**Sexual Behavior &
HIV-AIDS Knowledge of Filipino Youth**

Findings from the 2013 YAFS Survey

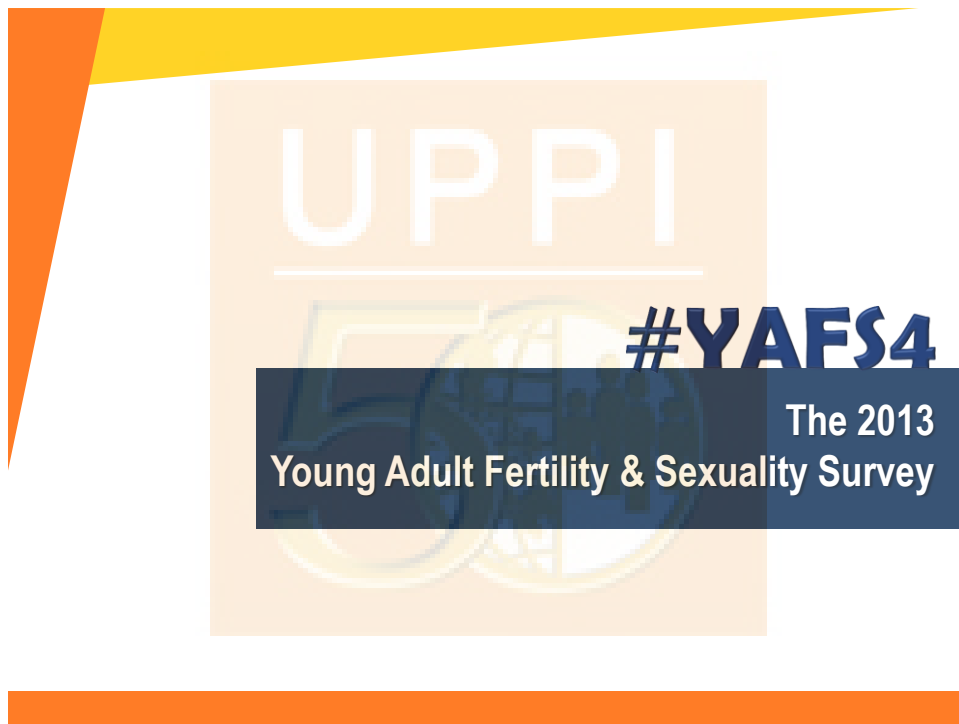
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University of the Philippines Population Institute
Demographic Research & Development Foundation

OUTLINE

- The 2013 YAFS survey
- Profile of Filipino youth
- Sexual behavior
- Knowledge and attitudes towards condom use
- Knowledge of HIV-AIDS
- Summary and conclusions

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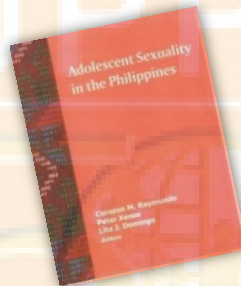
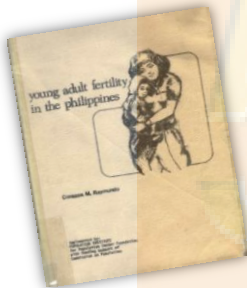
Background

- 4th in a series of nationally-representative surveys on Filipino youth 15-24 years old
- Jointly implemented by the
 - Demographic Research & Development Foundation (DRDF)
 - University of the Philippines Population Institute (UPPI)
- Funded by The Australian Government, UNFPA, Department of Health and PCHR

Predecessor surveys

1982 YAFS

(5,240 female respondents)



1994 YAFS

(10,879 male and female respondents)

2002 YAFS

(19,728 male and female respondents)



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General objective of YAFS4

- To provide updated information on a broad framework of adolescent sexuality and reproductive health issues, their antecedents, and manifestations that will be useful in the design of interventions to safeguard the health and welfare of Filipino youth

1983

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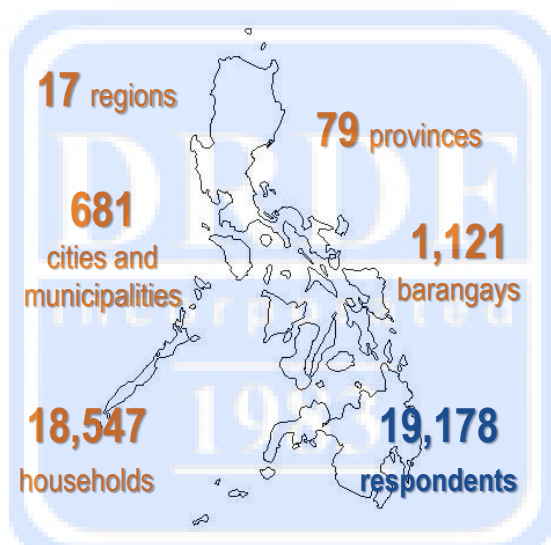
Survey design

- Sampling design: Multistage stratified random sampling
- Sampling domain: Region
- Sample size per region: About 1,000 respondents
- Respondents: 15-24 years old single and married males and females

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Coverage of YAFS4



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Survey instruments

- **10** survey instruments
 - Household Form
 - **8** Individual Questionnaires for the youth respondents
 - 4 Main Questionnaires
(Single Female, Married Female, Single Male, Married Male)
 - 4 Muslim Questionnaires
(Single Female, Married Female, Single Male, Married Male)
 - Community Form
- All questionnaires were translated to 6 major languages

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Main questionnaire contents

Block A. Individual characteristics

Block B. Family characteristics and relationships

Block C. Self-esteem and values

Block D. School, work and community

Block E. Media

Block F. Friends and peers

Block G. Health and lifestyle

Block H. Marriage

Block I. Puberty, dating and sex

Block J. Fertility and contraception

Block K. Knowledge and attitudes towards marriage, sex and related issues

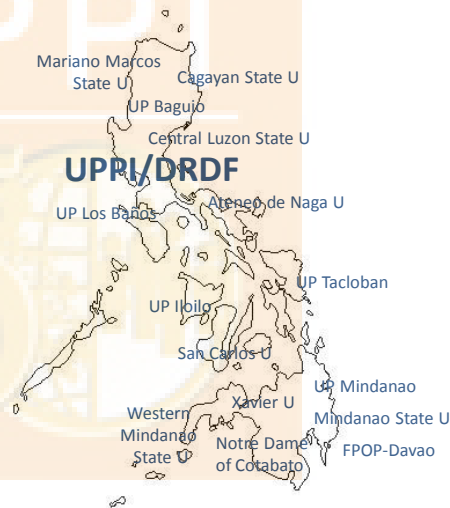
Block L. Reproductive health

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Field implementation

- Fieldwork was conducted in January to May 2013
- Regional network of research and academic institutions were involved in the data collection



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#Profile

Background characteristics

1983

What is the size of the population 15-24?

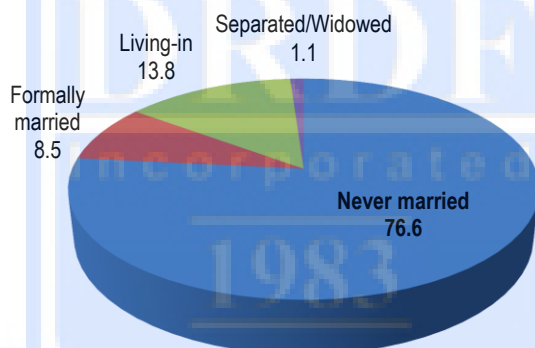
- In 2013, there were **19.3 M** youth in the Philippines
- Of these
 - 10.3 M** were aged 15-19
 - 9.0 M** were aged 20-24

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Most Pinoy youth are never married but a substantial proportion are living-in

PERCENTAGE DISTRIBUTION OF YOUTH BY MARITAL STATUS

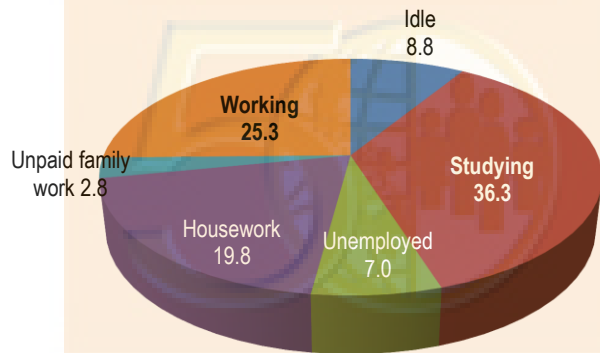


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Most Pinoy youth are either in school or working

PERCENTAGE DISTRIBUTION OF YOUTH BY MAIN ACTIVITY

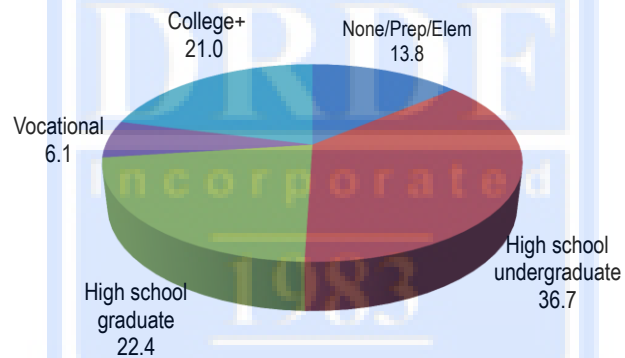


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Most Pinoy youth have reached high school

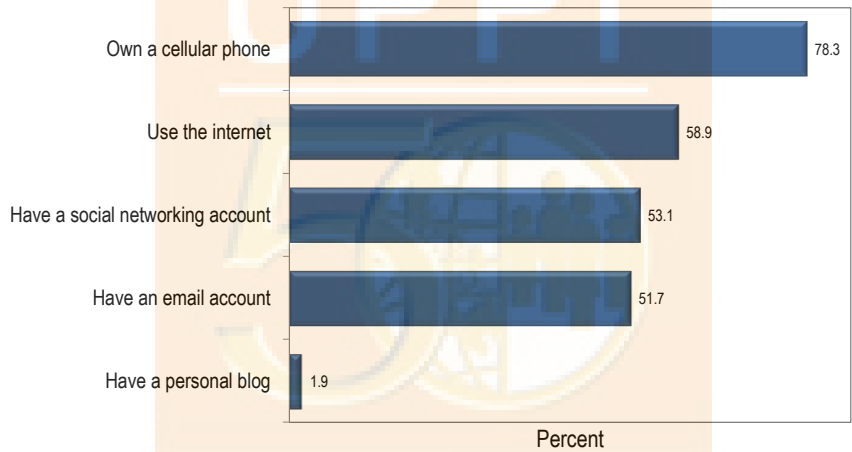
PERCENTAGE DISTRIBUTION OF YOUTH BY HIGHEST EDUCATIONAL ATTAINMENT



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Pinoy youth are digitally-wired



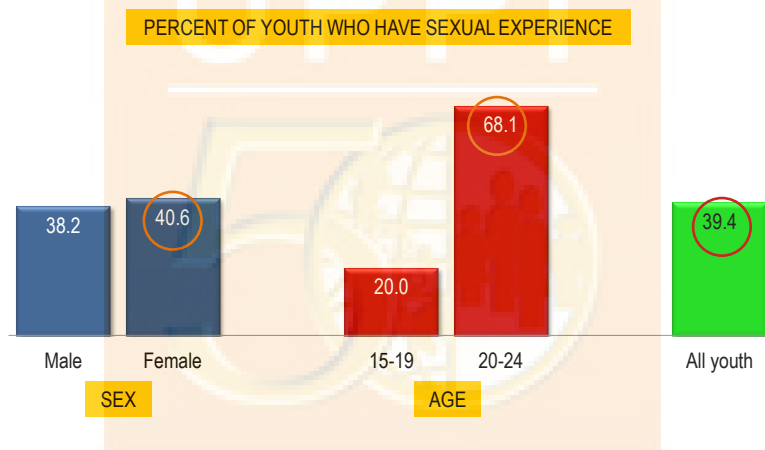
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#SexyTime
Sexual behavior

DRDF
INCORPORATED
1983

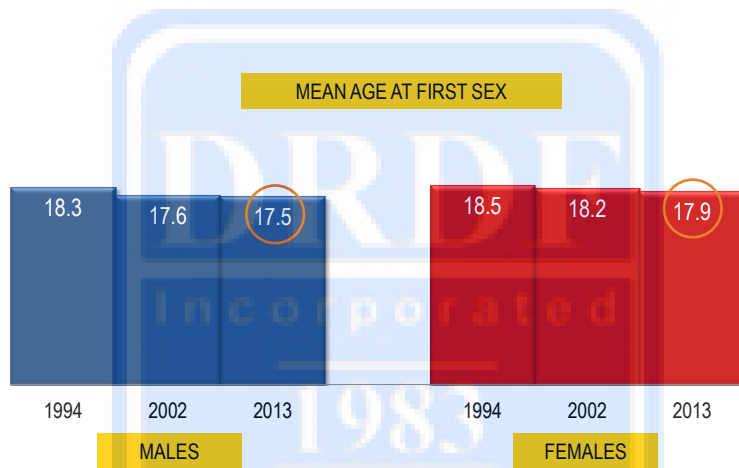
2 IN 5 PINOY YOUTH have sexual experience



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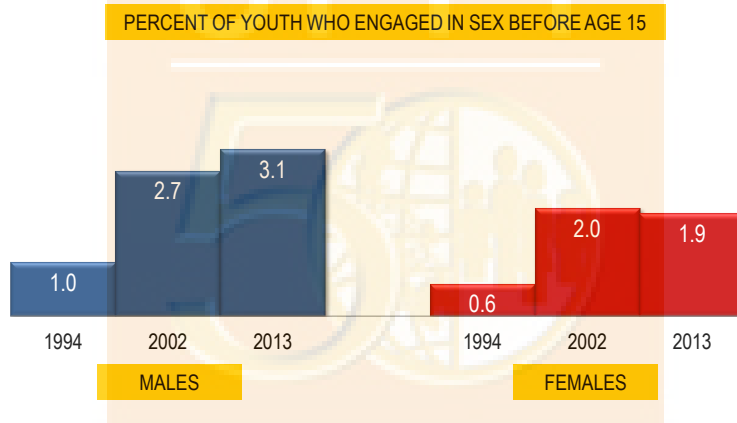
Younging of the sexual onset in both males and females



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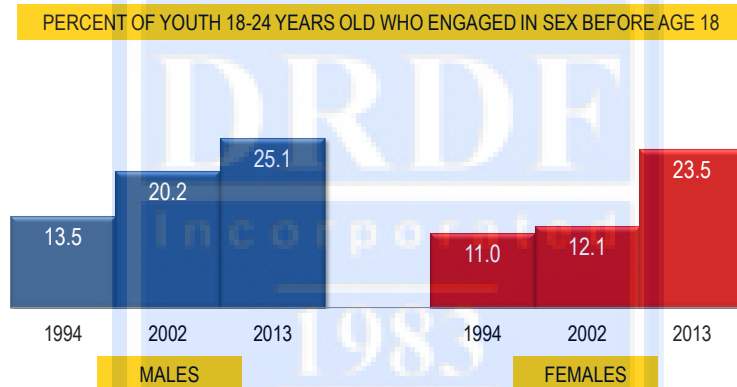
Increasing proportions of youth who have engaged in sex before age 15



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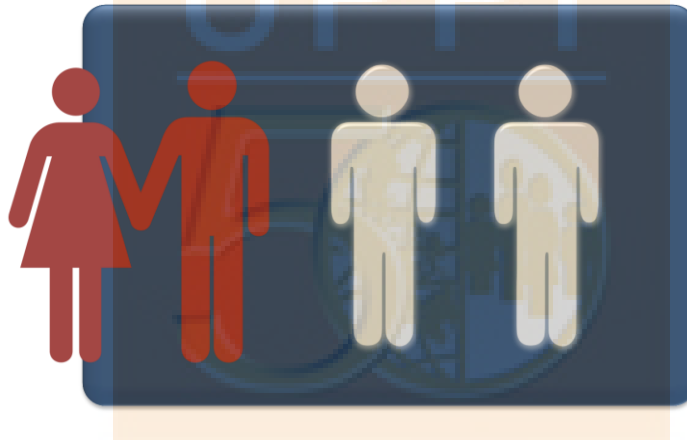
Increasing proportions of youth who have engaged in sex before age 18



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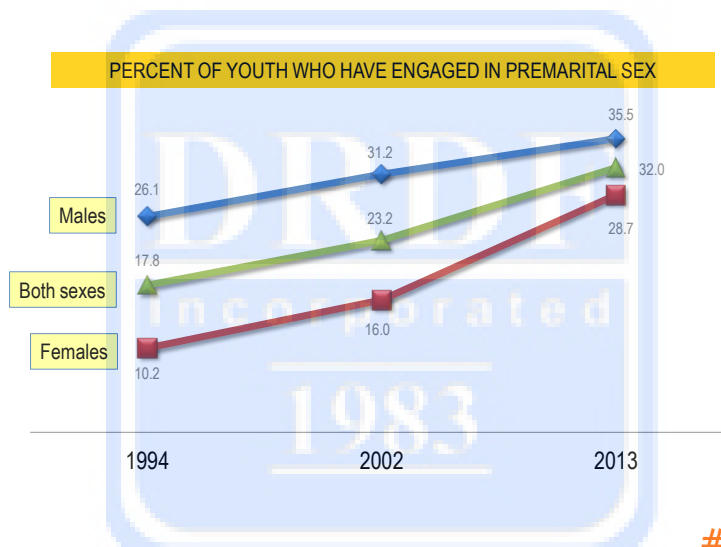
1 IN 3 PINOY YOUTH has engaged in premarital sex



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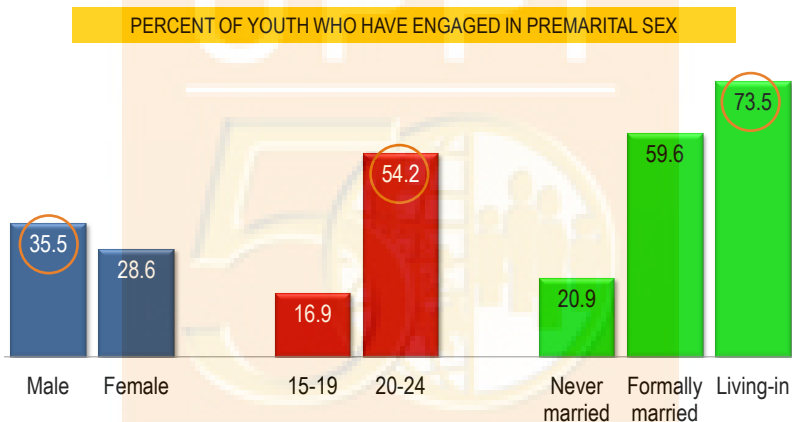
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Narrowing gap in levels of premarital sex between males and females



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Higher levels of premarital sex among males, older youth and those who are living-in compared to their counterparts

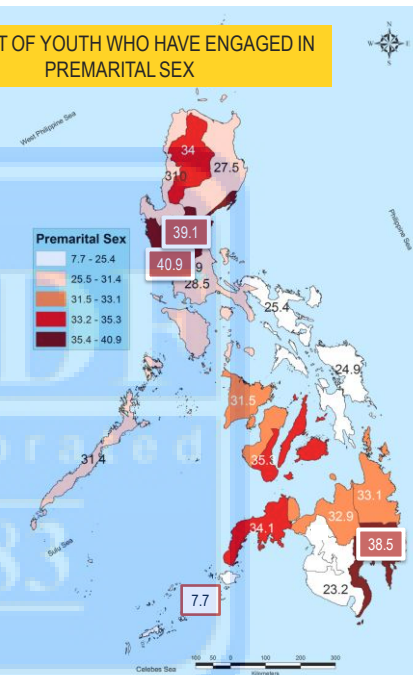


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Highest levels of premarital sex in NCR, Central Luzon & Davao; Lowest in ARMM

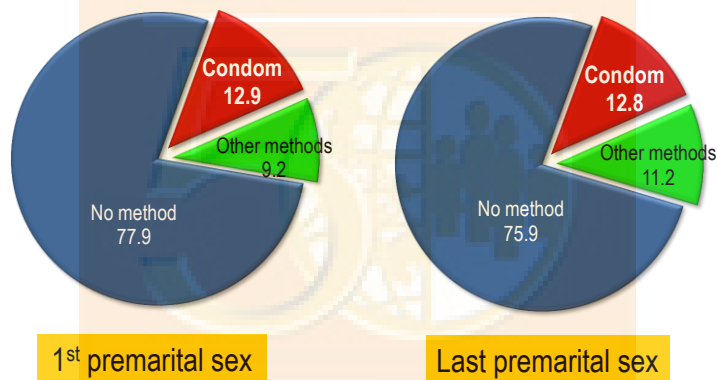
PERCENT OF YOUTH WHO HAVE ENGAGED IN PREMARITAL SEX



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Pinoy youth's premarital sexual encounters are largely unprotected

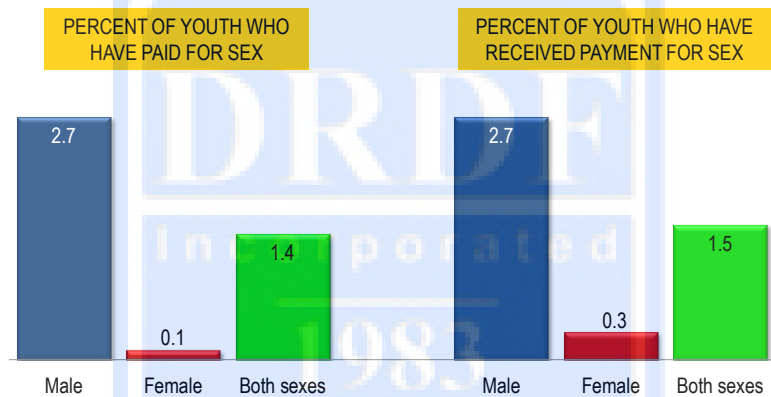
PERCENTAGE DISTRIBUTION OF METHOD USED DURING 1ST AND LAST PREMARITAL SEX



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Low levels of commercial sex especially among females

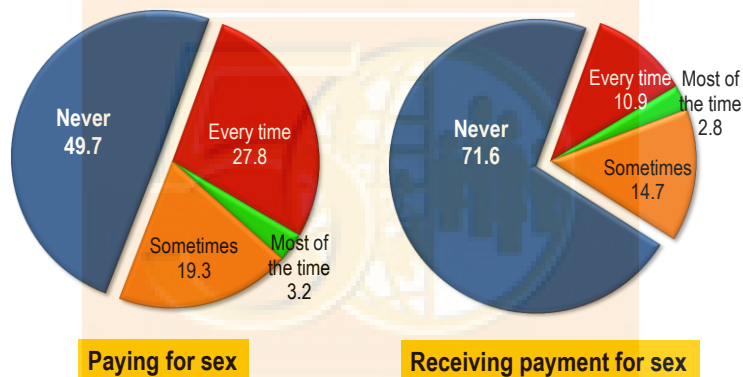


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Most commercial sex activities are unprotected by condom

PERCENTAGE DISTRIBUTION OF THE FREQUENCY OF CONDOM USE DURING COMMERCIAL SEX ACTIVITIES IN THE PAST 12 MONTHS

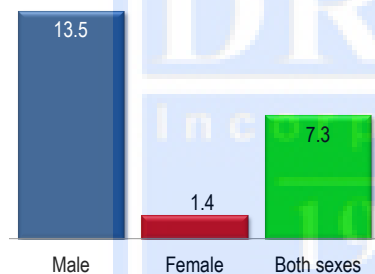


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Casual sex is more prevalent among males than females

PERCENT OF YOUTH WHO HAVE ENGAGED IN CASUAL SEX

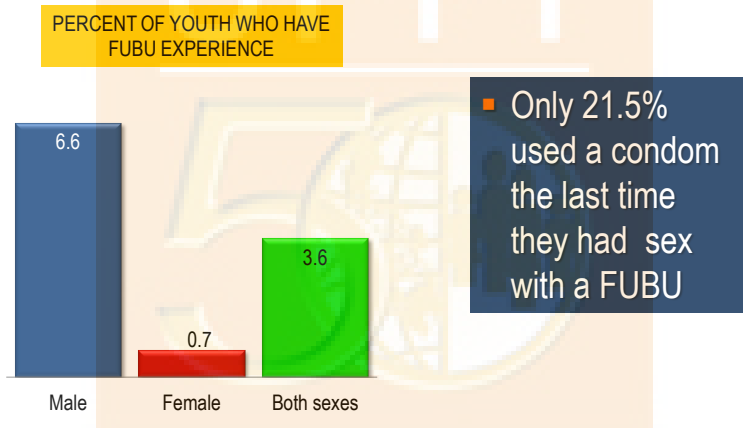


Only 18% used a condom the last time they had casual sex

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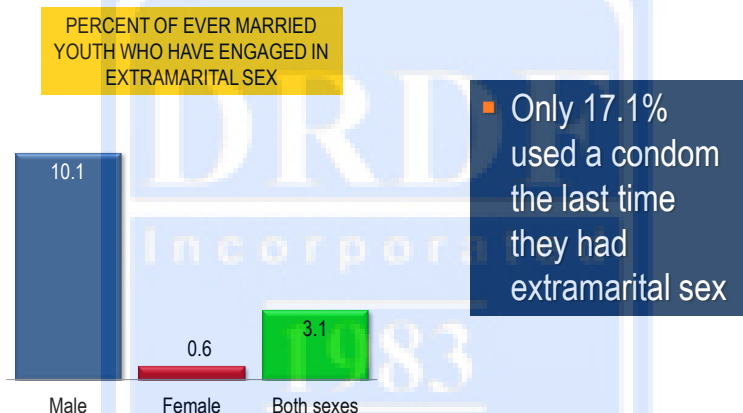
Pinoy youth also engage in sex with FUBUs



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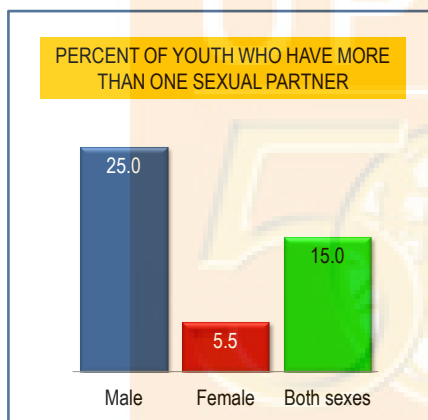
Extramarital sex is more common among males than females



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Male youth also engage in other sexual activities that pose risk to their health



- 5.0% of male youth have had sex with a fellow male (MSM)
- 4.2% of male youth have engaged in anal sex

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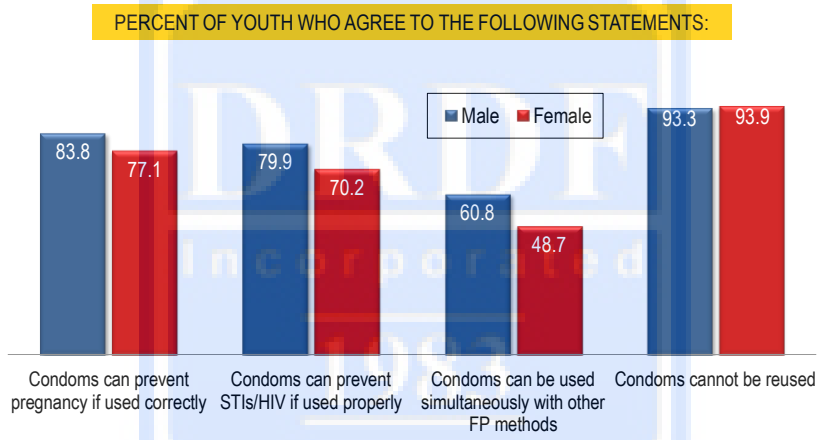
Pinoy youth also engage in media-related sexual activities

- 1 in 100 has recorded himself/herself having sex
- 1 in 4 has sent or received sex videos through cellphones or internet
- 4 in 100 had sex with someone they met online or through text messages
- 6 in 100 have engaged in phone sex

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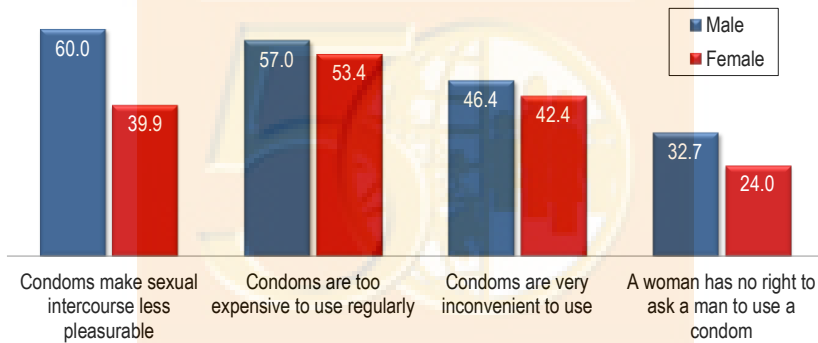


More males than females are knowledgeable about condoms



But more males have negative attitudes towards condom use

PERCENT OF YOUTH WHO AGREE TO THE FOLLOWING STATEMENTS:

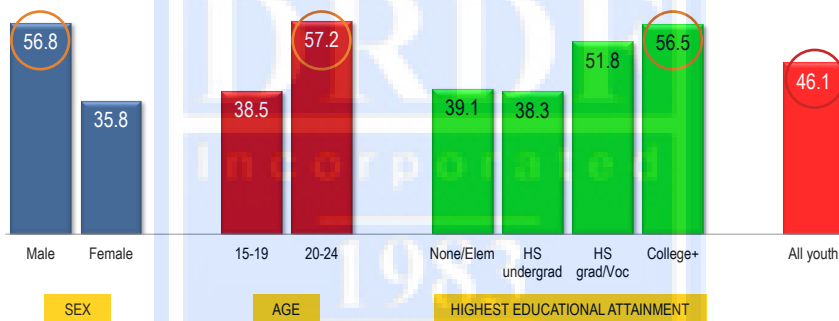


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Less than half of the youth have access to condoms

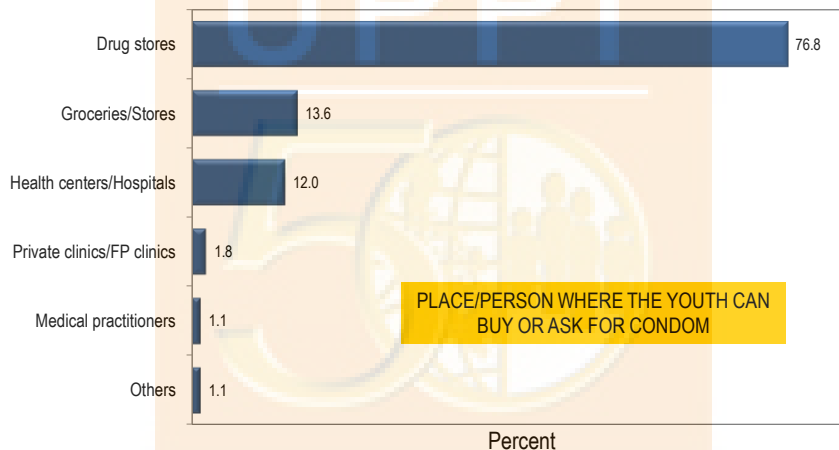
PERCENT WHO HAVE ACCESS TO CONDOMS



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Drug stores are the most accessible source of condoms



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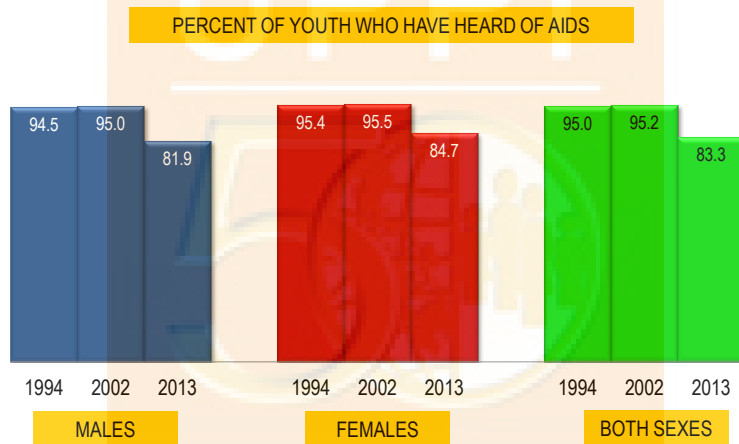
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#HIV-AIDS

Knowledge & attitudes
towards HIV-AIDS



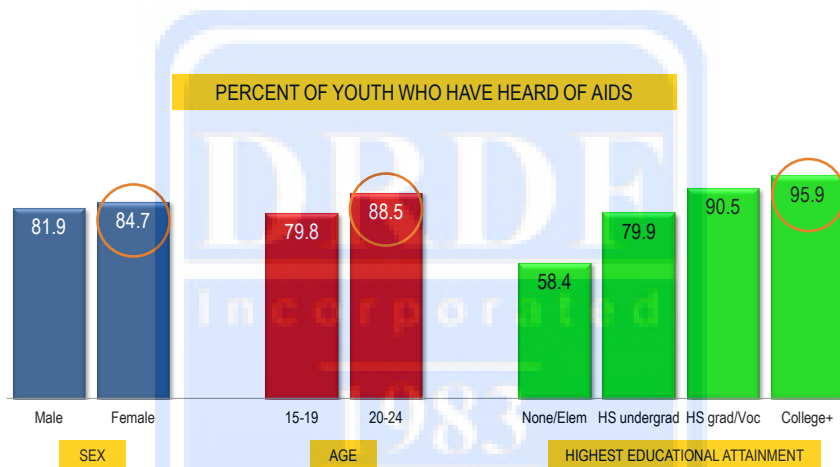
Awareness of AIDS among the youth has declined in the past decade



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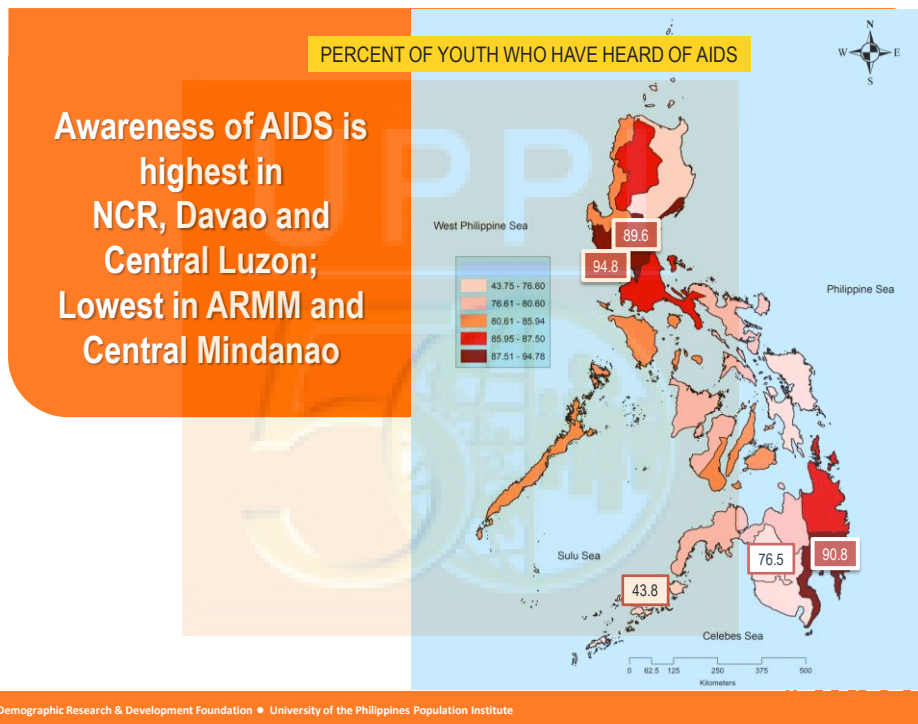
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Higher awareness of AIDS among females, older youth and the more educated than their counterparts

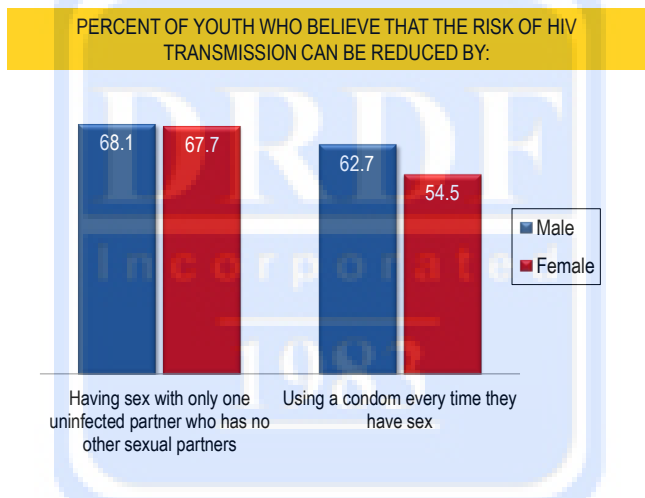


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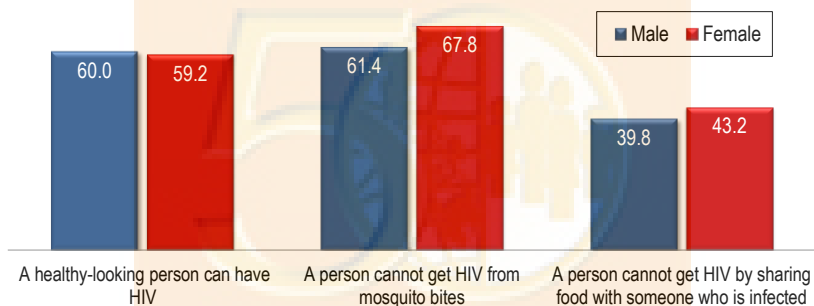


Moderate level of knowledge of HIV transmission prevention methods



Substantial proportions of the youth have misconceptions about HIV transmission

PERCENT OF YOUTH WHO AGREE TO THE FOLLOWING STATEMENTS:

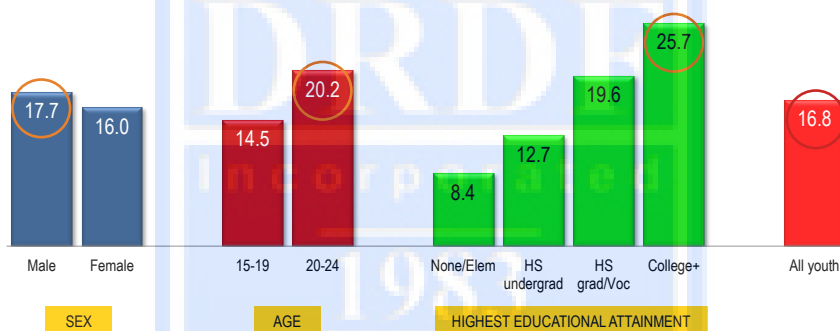


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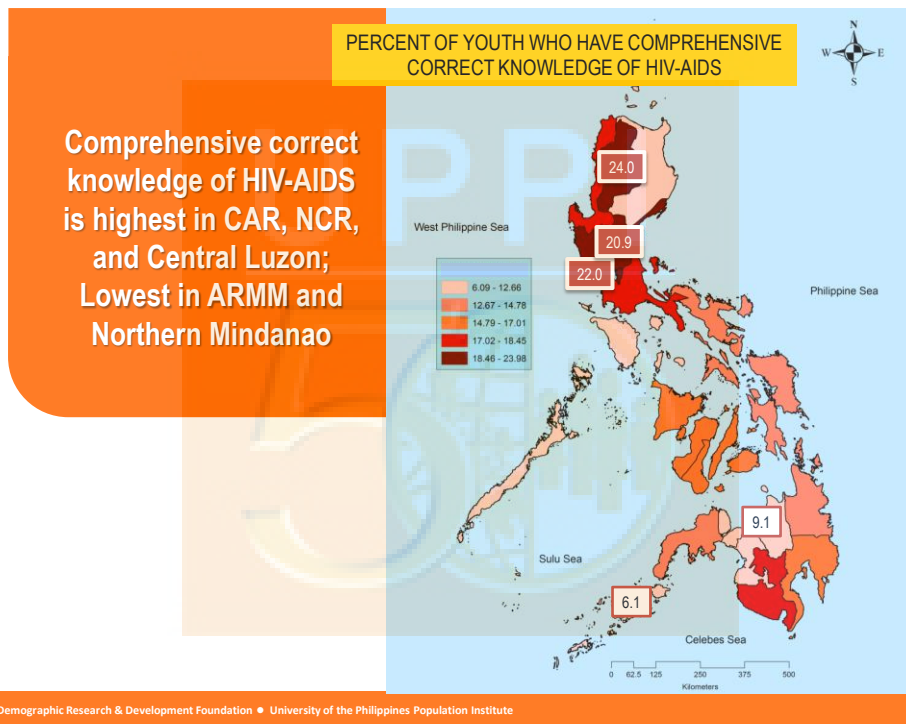
Low level of comprehensive correct knowledge of HIV-AIDS

PERCENT OF YOUTH WHO HAVE COMPREHENSIVE CORRECT KNOWLEDGE OF HIV-AIDS

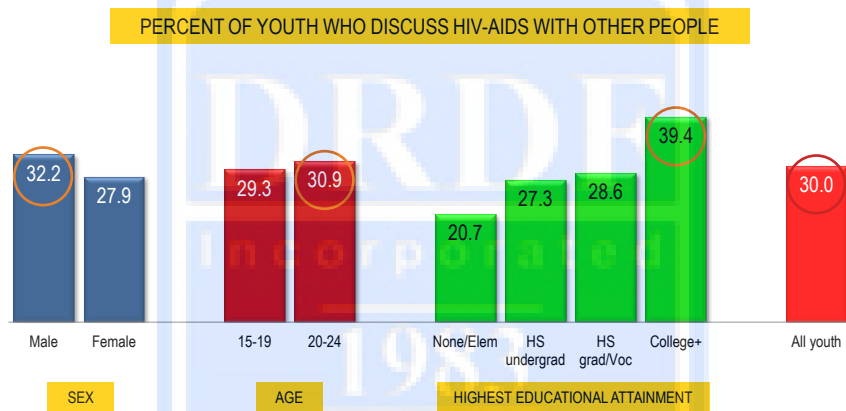


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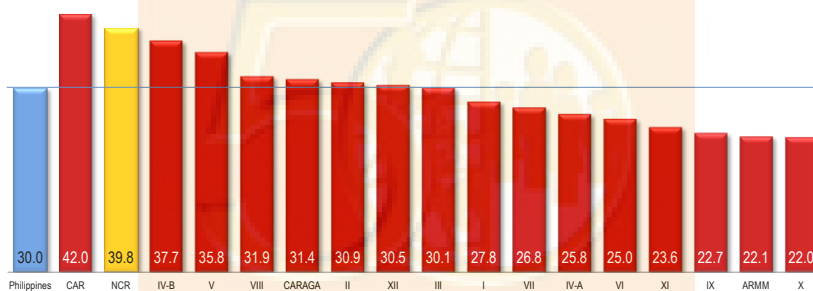
3 in 10 Pinoy youth have discussed HIV-AIDS with other people



#YAES4

**Discussion of HIV-AIDS is highest in CAR, NCR and MIMAROPA;
Lowest in W. Mindanao, ARMM and N. Mindanao**

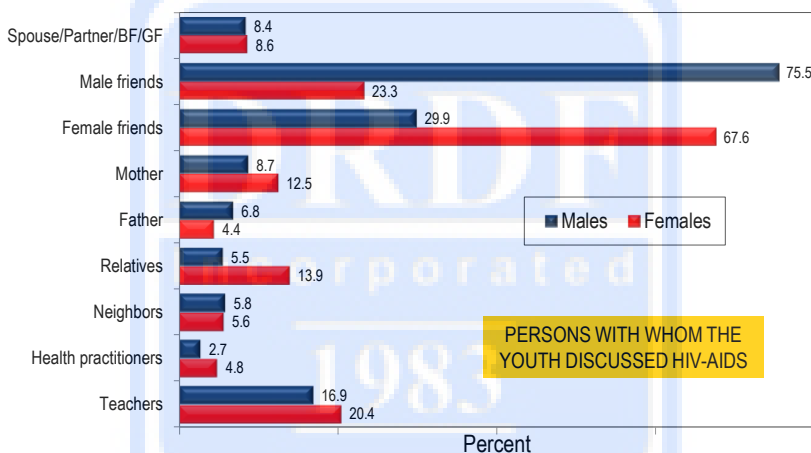
PERCENT OF YOUTH WHO DISCUSS HIV-AIDS WITH OTHER PEOPLE



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**Most discussions of HIV-AIDS are
between friends of the same sex**

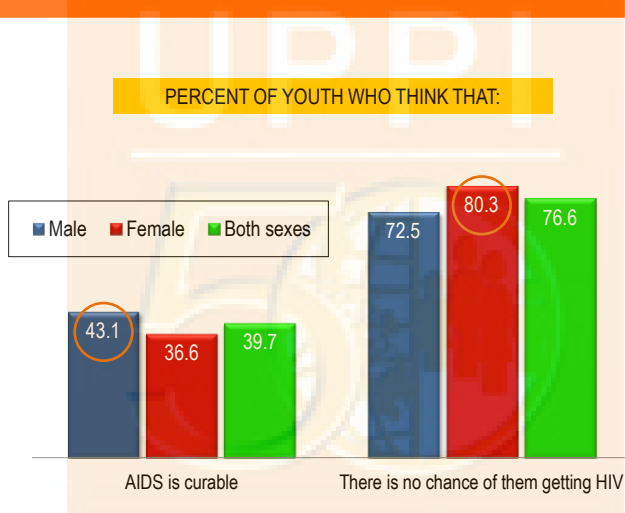


PERSONS WITH WHOM THE YOUTH DISCUSSED HIV-AIDS

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More males think that AIDS is curable; More females believe that they will not get HIV



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Summary & Conclusions

SUMMARY & CONCLUSIONS

- There is a heightened, bolder and wider range of sexual behavior among our young
- The increased prevalence of sexual activity in various forms may indicate new normative standards regarding sex
- Males are more sexually adventurous but the females are fast catching up

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SUMMARY & CONCLUSIONS

- Most sexual activities are unprotected against the risk of STIs (and unplanned pregnancy)
- Most youth are knowledgeable about condom use but many have negative attitudes towards condom use especially among males
- Less than half of the youth have access to condoms

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SUMMARY & CONCLUSIONS

- Awareness of HIV-AIDS is still high but the level has declined in the past decade
- Poor knowledge of HIV-AIDS as misconceptions about HIV transmission are still common among the youth
- Majority of the youth think they have immunity from HIV

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#ThankYou!

1983



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Young Adult Fertility & Sexuality Study

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